



Athlone/Dunvegan Community Newsletter

December 2011

Athlone/Dunvegan Community Annual Sleigh Ride!

The Athlone/Dunvegan Community League is hosting the Annual Sleigh Ride Sunday December 18, 2011!

Sunday, December 18th is the Athlone Dunvegan Annual Sleigh Ride at the Athlone community Hall (13010 - 129 St.)! The party goes from 1:00 to 3:00 PM and all members of the family are invited to attend.

There will be hot chocolate and cookies available in the rink shack at the back of the hall, and the skating rink will be open to all. If you don't have skates, use some of ours.

There may even be a special visit from Santa Claus!

Please note that all children should be accompanied by a supervising adult, and all activities are weather permitting.

Hope we see you there!



Thank-You Volunteers!



On November 20th, 2011 the Athlone/Dunvegan Community League hosted a Volunteer

Appreciation party at the Athlone Community Hall.

The board would like to take this opportunity to once again thank our many volunteers who help with fund raising efforts at Bingos and Casinos, organise the community events and attend meetings that keep the Community League running. We couldn't do it without you!

Unless someone like you cares a whole awful lot, nothing is going to get better. It's not. ~Dr. Seuss

Athlone Outdoor Ice Rink Open

Members skate free (don't forget your yellow skate tag!) and visitors skate for \$1. Please keep skating fun for everyone and obey all posted signs!

Hours (weather permitting):

3:30 PM to 8:00 PM Monday to Friday

1:00 PM to 5:00 PM Saturday and Sunday

If you have any outgrown or unused skates, please drop them off at the rink for our winter skate exchange.

For more information regarding the Athlone Ice Rink, contact Ken Barnett at 780-453-2655.



Picture making a difference



With every connection you can make a difference and change a life. Start today.

BECOME A HEALTH CARE AIDE

Visit albertahealthcareaide.ca



Traditional Karate

The Athlone Community Hall at 13010 - 129 St. continues to host Edmonton Traditional Karate Club on **Monday and Wednesday from 7:00 to 8:30 pm!**



Ages 10 and up are welcome.

Cost is \$20/Month, payable month by month (that's less than \$2.50 per class!). Also ask about our family rates. Try it for 2 weeks FREE with no obligation!

For more information please call Dan Jaud at: 780-686-2273.

Athlone Bingo Dates



Our programs are funded in part by the generosity of the bingo halls that have allowed us to work them. Come out and support the Athlone/Dunvegan Community League either by playing or helping us work the Bingos!

Future Bingo dates at E.N.E.B.A. (12711 - 52 St. NW Edmonton)

Saturday December 10th, 2011

Monday January 30th, 2012

Sunday February 19th, 2012

Saturday March 17th, 2012

For more information or to volunteer for a Bingo, please call Shirley at 780-454-9227.

Message from the President

Shirley Frost

Season's greetings from the Executive and Board of Athlone Community League! My how time does fly, with another year has come and gone. We have had another good year with the community events that we have had and look forward to some of the same next year. We had another great Big Bin Event even though the weather was not co-operating. The September Community day event was another great success and we are looking forward to making it better next year.

We have one final event this year and that is our Sleigh Ride which takes place on Sunday December 18th from 1:00 pm to 3:00 pm with a visit from that Santa. Hope to see you all there!

Just a reminder our meetings are held the second Tuesday of every month come out have coffee and meet the board.

A Merry Christmas and Happy New Year

Have a safe Holiday, and please remember Don't Drink and Drive.

There are two ways of spreading light - to be the candle or the mirror that reflects it.

~Edith Wharton, *Vesalius in Zante*



Your Current Community League Leadership:

President: Shirley Frost

Vice-President: Ron Glesby

Secretary: Laura Foss

Treasurer: Laura Foss

Membership: Mike Drechsler

Grants: Kris Gladu

Maintenance and Repair: Dave Gadd

Newsletter: Kathy Gadd

Information Tech: Mike Drechsler and Kathy Gadd

Social Director: Kitty Glesby

Programs Director: Debbie Riddle

Area 1 Representative: Shirley Frost and Ron Glesby

Community Recreation Coordinator: Trudy Raadik

Bingo: Shirley Frost

Casino: Shirley Frost

Equipment: Dave Gadd and Ron Glesby

Karate: Dan Jaud

Softball: Dave Gadd

Soccer: Vacant

Hockey: Vacant

Community Safety: Vacant

Fund Raiser: Vacant

Athlone Community Hall

13010 - 129 St., Edmonton AB, T5L 1J3

780-451-4016, athlone1@telus.net

Upcoming Athlone/Dunvegan Community League Meetings:

7:00 pm Tuesday December 13, 2011

7:00 pm Tuesday January 10, 2011

All Athlone/Dunvegan Community League meetings are held at the Athlone Community Hall at 13010 - 129th St.

For more information contact Shirley Frost at 780-454-9227.

Snow Shoveling Services



Do you need help clearing your walks this winter?

Call Dave Ludwig at 780 477 8803 (Home) or 780 940 6045 (Cell).

Prices are negotiable.

Get Fit to Live Better!



Do you want to get healthier, improve your energy, eliminate your aches & pains, and overall lose some weight? Then come by your friendly neighborhood personal training studio and see what we can do to help you! We're located right by Athlone community league and offer everything a person needs to get in the best shape and health of their life - personal training, eating plans, rehabilitative work, weight loss, toning/building strength, etc. If you are at all unsure if this is for you then please contact me so I can offer you a free consultation and show you what it is all about. I've helped well over 100 clients ranging from college students to the average professional to retirees. I work with people one-on-one, in groups of 2-4, and also offer boot camp classes for a more affordable way to exercise.

If you are interested please call Sanja at 780-242-6846 or email at bodyinfashion@gmail.com and we can go from there!

Child Care in Dunvegan



I am a stay at home Mom who has dedicated my life to caring for and looking after children. I am the Mother of twins, one boy and one girl for 6 years. I love kids and would treat yours like my own. I currently care for one child (16 month old girl) and would like to open up my home to one more. I am an active, healthy and compassionate individual who will provide exceptional childcare in an interactive, educational, nurturing and loving home and out of home environment. I can provide nutritious meals and snacks. With only two children under my care, your child will receive my full attention while playing, learning, reading, coloring, dancing, going for walks, and of course hugs. Kids need hugs!

My home is clean and smoke free. We have one dog and one cat. My hours are Monday to Friday: 7:30-5:30. I have my St. John's CPR course, and excellent references.

Receipts available. (Sorry, no subsidy) Call Vanessa at (780) 487-7563.

Beginner Yoga Classes

The Athlone/Dunvegan Community League offers Hatha yoga classes Tuesday evenings for those ages 12 and up. Classes focus on relaxation, strengthening and toning.

Classes are \$40 a month (That's \$10 per class) and each class will be an hour and a half long, running 7:00 pm to 8:30 pm.

If you are interested, or for more information, please call Kathy at 780-289-8951 or e-mail katgadd@gmail.com.



*****Please note that yoga classes will be taking a break over the holiday season and run Tuesday December 6th and 13th. We will return Tuesday January 10th.***

Toddler/Pre-School Winter Playgroup

The Athlone/Dunvegan Community League is hosting a toddler / pre-school winter playgroup that allows parents with kids not yet in school a chance to let their kids loose in the hall. We meet once a week to let the kids play and run off some energy when the snow is higher than they are!

Come on out and get to know other kids and parents in your community!

If you are interested, please call Kathy at 780-289-8951 or e-mail katgadd@gmail.com so we can get an idea of numbers.

*All children attending MUST be accompanied by a parent or guardian.

****Please note that times for the play dates will be changing in January to 10:00 am to 11:00.** The remaining sessions in December (the 7th and the 14th) will be held at the old time of 2:15 pm to 3:15 pm. We will start up again after the holidays on January 11th, 2012.



Interested in Renting the Athlone Hall?

We offer a large hall seating for up to 150 people. All rentals include use of tables, chairs and our full kitchen is available. Guests at your event will enjoy themselves in air conditioned comfort and have access to plenty of parking.

For more information regarding hall rentals, go to www.athlone.ca or contact Laura Foss at 789-886-5293.





Calder Library

Kensington Mall
12522-132 Ave.

Check out the upcoming programs and events happening at Calder Library!



Coming this winter – Book Club at Calder!
Looking to join a book club? Starting in January, we will be hosting a book club once a month at Calder Library. Start thinking about some titles you might enjoy reading and let us know your requests!

We wish you a happy holiday season! Please note our holiday hours:

December 24 – 10am-2pm
December 25 – Closed
December 26 – Closed
December 27 – Closed
December 31 – 10am-5pm
January 1 – Closed
January 2 - Closed

Questions? Contact the Calder Library at (780) 496-7090 or visit us at www.epl.ca.

Upcoming Festivals and Special Events

For more information visit: www.festivalcity.ca or www.discoveredmonton.com or call 311.

New Years Eve Downtown 2011 - Sir Winston Churchill Square
December 31, 2011

Metropolis, Edmonton International Winter Festival - Sir Winston Churchill Square
Weekends December 31, 2011 to February 20, 2012

Deep Freeze Byzantine Festival 2012 - 118 Ave
January 7 & 8, 2012

Winter Light 2012 Adventure Walk - Mill Creek Park
January 27 & 28, 2012

Winter Light 2012 Illuminations - Louise McKinney Park
January 27 & 28, 2012



Want to advertise in the Athlone/Dunvegan Community Newsletter?

For more information, or to place an Ad, contact: Kathy Gadd via email: newsletter@athlone.ca, or by phone: 780-289-8951.

Deadline for the February Issue of the Athlone/Dunvegan Community Newsletter is Friday January 20, 2011.

Advertisement Size	Cost per Issue	Cost per year (Min. 6 Issues)
Business Card	\$25.00	\$125.00
1/4 Page	\$35.00	\$175.00
1/2 Page	\$50.00	\$250.00
Full Page	\$85.00	\$450.00